

MEMBER CARE RESOURCES

- I. Coaching
- II. Counseling/Member Care/Psychologists/Psychiatrists/Support Groups
 - a. In the U.S.
 - b. International
- III. Debriefing/Re-entry Programs
- IV. Eating Disorders
- V. Marriage
- VI. Men's Resources
- VII. Missionary Kids/Third Culture Kids/Families
- VIII. Missionary Life
- IX. Rape Resources
- X. Reentry Resources
- XI. Resiliency
- XII. Retreats/Lodging
 - a. In the U.S.
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COACHING

Coaching Mission International

CMI exists so that all nations will be impacted through Christ-centered coaching. CMI's vision is that every frontline missionary, missions leader, and mission organization will be empowered by the transformational impact of cross cultural, Christ-centered missions coaching.

<http://www.coachingmission.com/>

Seth Widner
New Life Coaching
904-261-8310

CONFLICT

Crucial Conversations by Kerry Patterson – gives brilliant advice on how to talk about high-risk, high-emotion, conflicting issues in a positive way.

How to Have That Difficult Conversation you've Been Avoiding by Cloud and Townsend

COUNSELING/MEMBER CARE PROVIDERS

IN THE U.S.

California

Judy Webb, MSW
San Diego, CA
760-967-1535

Link Care Center
Fresno, CA
<http://www.linkcare.org/>

Ruth Ann Graybill
Biola Counseling Center
ruth.ann.graybill@biola.edu
714-990-2078. RuthAnn does pre-field and post-field counseling for missionaries and MKs.

Colorado

Blessing Ranch
(scholarship available)
www.blessingranch.org

Caring for the Heart

We exist to care for the heart by assisting individuals to identify and resolve emotional and spiritual issues with wisdom of the Word of God and the enabling power of the Holy Spirit. Good marriage program.
<http://www.caringfortheheart.com>

Eli (Elizabeth) Fehler MA LPC LMHC
Location: Denver, CO
Phone: 303-808-3012
info@thrivetherapy.org
www.thrivetherapy.org

Evelyn Barton, Psychotherapist
New Life Counseling Service
2 locations: Aurora & Denver, CO
newlifecounseling@q.com
(720) 291-5707

Missionary Care Services
Littleton, CO
http://www.southwestcounseling.org/mcs_home.html

Marble Retreat

Marble, CO. Restoring hope and health to those in Christian ministry through Christ-centered brief intensive therapy in a spectacular mountain setting. Therapists are trained Christian professionals in the field of counseling. 888-216-2725
<http://www.marbleretreat.org/>

Quiet Waters Ministries

One and two week intensive counseling retreats. Contact: James L. Schlottman 303-639-9066; 9185 East Kenyon Ave. Denver, CO 80237 Email: info@qwaters.org
www.qwaters.org

Southwest Counseling Associates

Littleton, Northglenn, and Aurora offices
<http://www.southwestcounseling.org/>

Georgia

Four Winds

770-554-3599
www.ministryvillagega.org
Athens, GA

Louise Thompson, MS, LPC

Freedom through Grace
300 Prime Point Suite 100
Peachtree City, GA 30269
770-846-6528
<http://www.freedomthroughgrace.net/>

Illinois

Barnabas International

Rockford, IL
<http://www.barnabas.org/>

DeMerchant and Associates

620 W Roosevelt Rd Suite D1,
Wheaton, IL 60187-2306
(630) 462-1999

Indiana

CrossPoint Ministry (New Albany)

<http://crosspointministry.com/>
CrossPoint exists to strengthen the souls of Christian leaders and to train others to do the same. They offer Communities (multiple retreat experiences with the same participants), Retreats (weekend “stand alone” events), Personal Coaching, Organizational Coaching, and Sabbatical Supervision.

Eagle Creek Counseling

Barbara Riggs, Ph.D.
317-293-5563

East 91st Street Christian Church

Counseling Center
317-598-1580
www.East91st.org/counseling

Quiet Streams Counseling

<http://www.quietstreamscounseling.com/>
Lois Bushong, M.S., L.M.F.T.
Fishers, IN 46038
317-523-5517
lois@quietstreamscounseling.com

Kentucky

Dr. Alphonso Nichols, MD

Dr. Nichols is a Board Certified Child and Adolescent Psychiatrist who is committed to providing care that is consistent with Christian values and beliefs.
Louisville, KY 40241
502-339-2442 (Louisville)

New York

EMERGE – New York Location

315-652-0000
emergency@emerge.org
www.emerge.org

Ohio

EMERGE Ministries – Ohio
330-867-5603
www.emerge.org

Eve Giesey, LPC – Athens, OH
Marriage, family, multicultural counseling
geiseys@hotmail.com or (740) 590-9819

Margaret Pennington
(513) 477-4381; (513) 825-8266
margaret.pennington@gmail.com

Ron Thigpen
New Beginnings Christian Counseling
Services
859-426-9020

Life Spring Christian Church
513-522-7707

Pennsylvania

Heartstream Resources
Pennsylvania, Thailand, France
717-444-2374
www.heartstreamresources.org

Minnesota

Minnesota Renewal Center
St. Paul, MN
<http://minnesotarenewal.org/>

Missouri

INTERNATIONAL

A Lodging Place (Cyprus) with Beverly Richardson, Ph.D.
A Lodging Place Cyprus will open on May 20, 2019. A Lodging Place (ALP) is available for Cross-cultural workers for rest, spiritual retreats to connect with God, counseling and debriefing. ALP is located 30 minutes from the Larnaca International Airport in the village of Kalavassos. There are three fully furnished apartments available on a donation basis. Dr. Beverly Richardson is a licensed Christian Counselor, spiritual director, CSA coach and a Le Rucher certified debriefer and coach. Beverly served on a church planting team in Kazakhstan and at The Well Member Care Center in Chiang Mai, Thailand. She is available for counseling, debriefing, spiritual

Eagle Crest Counseling Center
636 W. Republic Rd. Suite G-100
Springfield, MO
Phone: (417) 862-8282
office@eaglecrestcounseling.com
<http://eaglecrestcounseling.com/>

GlobalREST
www.globalrest.org

Regina Green
660-263-3900

South Carolina

Godspeed Services
Columbia, SC
www.godspeedresources.org

Tennessee

Fairhaven Ministries
Roan Mountain, TN
www.fairhavenministries.net

Texas

Missions Resource Network
Dallas, TX
www.mrnet.org

direction and can provide spiritual retreats upon request. For more information about this and services provided, please email: alodgingplace@gmail.com
www.newsongchristiancounseling.com

Annemie Grosshauser (Germany and Kabul)
Member Care Consultant and Psychologist
Annemie travels to Kabul regularly providing member care services. 49-41047571
agrosshauser@online.de

Barnabas Zentrum (Baden, Austria; Samobor, Croatia)
+43-(0)-676-935-8316
www.barnabaszentrum.com

Care Port Counseling (online)
Lynn Paulsen. Care Port Counseling is online video counseling for those who live and serve abroad – whether you're in the military, in missions, or some type of humanitarian aid work, we're here to help. Rates are flexible and negotiated at first contact. The typical rate for counseling is currently \$30/hour.
<http://www.careportcounseling.org/>

Center for Counseling and Growth (Taipei, Taiwan)
Phone: [02] 2517-0991
[cgtaipei@gmail.com](mailto:cggtaipei@gmail.com)

Center for Counseling and Growth (Taichung, Taiwan)
Phone: [04] 2236-1901
tmfccg@gmail.com

Cornerstone Counseling Foundation (Chiang Mai, Thailand)
<https://www.ccfthailand.org/>

Elan Mission (France)
Elan comes alongside new missionaries in France, offering a personalized program that will provide structure and support during their transition to the field. Working in conjunction with sending agencies and French partners, we help missionaries establish a solid foundation for an effective and sustainable ministry in France.
<http://www.elanmission.org/en/>

Elijah's Inn (Germany)
Elijah's Inn is a personal retreat and debriefing ministry located at the edge of the Black Forest, only about 30 minutes away from Stuttgart and the airport. We offer a place to get away and retreat in order to rest, recover, reflect, evaluate, spend time with God, and find new direction and orientation in peaceful surroundings.
www.elijahsinn.org

Fumie Kamitoh (Tokyo, Japan)
An English-speaking Christian counselor from the secular TELL Community Counseling Service (www.telljp.com) in Tokyo.

Dileeni Abraham (Sri Lanka)
Counselor, Colombo Theological College
dileeniabe@yahoo.com

GriefShare (various locations)
GriefShare groups meet weekly to help you face these challenges and move toward rebuilding your life. GriefShare is for people who are grieving the death of a family member or loved one. Each session has three distinct elements: Video, group session and personal study.
<https://www.griefshare.org/>

Heartstream Resources (Thailand and France)
717-444-2374
www.heartstreamresources.org
Heilbronn Member Care Center (Germany)
Counseling, mediation, coaching, plus other services.
<https://www.membercarecenter.de/>

International Therapist Directory
This site provides an increasingly comprehensive online global listing of professional mental health therapists who are familiar with the [Third Culture Kid] TCK and international expatriate experiences.” Have a look and contact the moderator to suggest additions.
<http://internationaltherapistdirectory.com/>

JAPAN - Global Member Care (Japan)
Wycliffe Bible Translators Japan
Keiko Doi, Member Care Director, 1-9-26-210 Nishi-benzai, Asaka-shi,
Saitama, 351-0021 Tel: +81-50-5552-8473; Fax: +81-50-5552-8473
Email: membercare_japan@wycliffe.org
Language: Japanese, English.

La Rucher (Geneva, France)
<http://www.lerucher.org/>

Living Well Cambodia
We are a Christian inter-agency non-profit cooperative that provides training, consultation, assessment, counselling, and opportunities for renewal for all expatriates living and working in Cambodia. Our team consists of a variety of experienced and trained caring professionals. Our aim is to provide holistic support and education to allow for those serving in Cambodia to thrive. We desire to provide resources and support to organizations and individuals/couples/families to help them thrive in their time in Cambodia. See website for staff and resources:
<http://www.livingwellcambodia.org/>

M2M (Canada)
<http://www.hissecretplace.ca/>

Marion Knell (Gloucester, England)

Marion manages the new member care program at Redcliffe College in Gloucester, England. She works for Brookfield Intercultural Training.

44-0771-051-0673 (mobile) 44-0150-989-0268 (home)

marion@knell.net

Missionary Upholders Trust (India)

Missionary Upholders Trust will strive for meeting the common unmet needs of missionaries and Christian workers in the area of Health Care, Calamity Relief, Crisis Relief, Renewal of emotional and spiritual life, Rest and Recuperation, Socio – spiritual enhancement of missionary/pastor children and retired missionaries' welfare.

<http://www.mutindia.org/>

Olive Tree Counseling Center (Antalya, Turkey)

Counseling, Crisis Response, Seminars and Consultations. Professional Christian counseling with a staff team recruited specifically for their breadth of areas of expertise in various populations from young children through adults and the wide range of typical types of presenting issues this client population may experience. At times two or more counselors may work together to best serve a couple, family, or team. Counseling can be provided on a weekly basis for individuals living locally and in an intensive, short-term format, over two or more weeks, for individuals traveling to receive counseling.

info@olivetrecounseling.org

One Another Ministries (England)

When problems arise our trained staff responds with: Crisis intervention, Traumatic incident debriefing, Conflict management, Counseling & pastoral care. When working with individuals, families or small groups, we are available to host Christian workers at our ministry facilities that are ideally situated to service Christian workers throughout Europe, Africa and the Middle-East. Our staff of caring, experienced professionals provide a safe environment where Christian workers can find solutions to their problems. Our staff is also available to travel to your location when working with large groups or ministry teams.

<http://oneanother.com/contact.html>

Shepherd's Heart (Colorado, Canada, France, Israel, Southeast Asia)

We provide five-day, one-on-one counseling intensives at one of our beautiful crisis retreat centers designed to provide a safe and comfortable environment. These intensives are intended for Pastoral Couples, Missionaries and Ministry Leaders who are suffering from burnout, Marriage or family issues, or moral failure within the ministry. 303-884-8030 in the U.S. or 705-493-1418 in Canada

www.ShepherdsHeartMinistry.com

Syzygy Missions Support Network (Birmingham, England)

Syzygy exists to support mission workers. Our mission is to maximize the effectiveness of mission workers and prevent their avoidable departure from their place of service. We do this by providing training, debriefing, pastoral care and practical support.

<https://www.syzygy.org.uk/latest/>

Tumaini Counseling Centre (Nairobi, Kenya)

www.tumainicounseling.net

WITS (Walking In Their Shoes) International (on-site, no cost)

<http://www.witsinternational.com>

WITS is a service to missionaries providing on-site emergency, active, and pro-active psychological and spiritual counseling and encouragement. Support services are provided without cost to missionaries at their center of ministry. witsinternational@yahoo.com

U.S. Phone 616-844-3360

WEB-BASED COUNSELING

Care Port Counseling

Care Port is an online video counseling ministry to those who work outside their home country, whether in missions or humanitarian aid. Fees are minimal. High speed internet is required for video streaming. Services are provided by a licensed counselor with 25+ years' experience in overseas missions, as both a translator and counselor.

<http://careportcounseling.org/>

Global Counseling Network

Some of the counselors at Global Counseling Network have studied at the PhD level in both theology and counseling/psychology. Some have been pastors. Others are Masters in psychology and counseling therapy. All, however, are working from a Christian worldview that takes its cues from the Biblical story of redemption.

<http://www.globalcounselingnetwork.com/>

Godspeed Resource Connection

<https://www.godspeedresources.org/>

Godspeed Resources Connection is an independent faith based organization dedicated to enabling global workers to thrive! Exclusively serving those sent cross-culturally and assisting them to stay engaged in their calling by providing preventative and restorative care to strengthen their well-being in life and work. We serve all Christian global workers with any sending organization. We currently serve in three settings: In person for those that can visit our office in Columbia, SC, in person for those living in Indonesia, and online care via video/teleconferencing platform for those serving anywhere in the world (outside the U.S.) with an internet connection. All services are donation-based.

Remote Mental Health Services

I am a former missionary in Cambodia and a licensed mental health therapist currently located in Seattle, WA. Even though my physical office is in Seattle, I also provide remote counseling via video conferencing for people on the field overseas where mental health therapy is not easily accessible.

www.remoteaccessmentalhealth.com

CRISIS (other resources listed under member care)

Caring for Kids After Trauma, Disaster and Death: A Guide for Parents and Professionals

http://www.aboutourkids.org/files/articles/crisis_guide02.pdf

Helping Children and Youth Cope in the Aftermath of Disasters: Tips for Parents and Other Caregivers, Teachers, Administrators, and School Staff
Podcast <http://www.samhsa.gov/dtac/podcasts/children-trauma/index.asp>

Suicide Hotlines – International Guide
<http://www.suicide.org/international-suicide-hotlines.html>

DEBRIEFING/RE-ENTRY

Alongside (Richland, Michigan)
ALONGSIDE provides 2 and 3-week long retreats specifically designed to meet the physical, spiritual and emotional needs of pastors and missionaries who find themselves going through a difficult season of life and ministry. It is a place where caring, professional counselors can come alongside you as you seek healing and renewed strength and energy for ministry.
866-944-3011; 269-447-2100
www.alongsidecares.net; info@alongsidecares.net

Barnabas International Reentry Seminar for Sons and Daughters of Missionaries
Full scholarships provided by Team Expansion
mkreentry@barnabas.org
<https://www.barnabas.org/member-care/events/mk-transitional-seminar>

Caring for Others, John Certalic
13355 Paddock Parkway, New Berlin, WI 53151
(262) 641-9600
<http://www.missionary-care.org/index.html>

Daraja: We are an organization under the directorship of Michael Pollock, serving Third Culture Kids and Cross-cultural Kids (TCKs and CCKs) during the transitional time between high school and college senior year. Located in Michigan. <http://www.daraja.us/>

Debriefing and Renewal (DAR)
Colorado
<http://mti.org/dar.htm>

DeeperStill Ministries
<http://www.deeperstillmissions.com/>
We have heard God's call to establish Deeper Still Missions, to provide an island of spiritual rest, renewal and encouragement so that our missionaries may return to their work with a fresh sense of calling. Deeper Still Missions partners with leadership to provide pastoral mentoring and leadership guidance to the missionary in the field. On-site visits are essential to assist them most effectively. Our vision is to multiply that wisdom and skill through the lives of other leaders and increase missionary retention in many locations.

Eve Giesey, LPC
Marriage, family, multicultural counseling, debriefing
Athens, OH
geiseys@hotmail.com or (740) 590-9819

Field Life

<https://fieldlife.org/>

Field Life offers: retreats for global workers a chance to unplug for a short time in the safe company of peers and be poured into by a team of volunteer professionals; free or low cost personal getaways to approved singles, couples and families who live and serve full time cross-culturally; and coaching to help global workers continue to grow so they can have long term success personally and professionally.

From Apprehension to Quietly Confident (Online Reentry Course)

<http://wattsyourpathway.thinkific.com/courses/quietly-confident>

Unsettled by the thought of going "home"? Learn how to leave the field well and arrive the other end with confidence. By learning about reverse culture shock, transition and how to finish well in your adopted country, you can make all the difference to going home. You can go home with confidence, knowing what to expect and how to support yourself through the process. This online course includes a mixture of videos and worksheets to help you walk through the process of finishing well where you are, arriving and settling in your home country. It can all be completed in your own time and in small bite-size pieces to help you maximize your learning and give you time to reflect. With extra bonus modules on Children, Faith and Single people in re-entry, there is a wealth of useful tips to help you on your way.

Interaction International (TCKs)

<https://interactionintl.org/about-us/>

Le Rucher

Le Rucher East Coast USA is an association of individuals on the East Coast of the United States, who are certified debriefers in the Le Rucher model of debriefing. We provide debriefing and training in affiliation with Le Rucher Ministries in France. More information is on the website:

<http://www.leruchereastcoastusa.org/>

Link Care

<http://www.linkcare.org/>

MissionaryCare.com /GO InterNational

Ron and Bonnie Koteskey

122 Lowry Lane, Wilmore, Kentucky 40390 · USA

859-858-3436

ron@missionarycare.com ; www.missionarycare.com

Radiant Life Retreat (Michigan, Penn., Albania, and others)

Radiant Life Retreat is a 10-day debrief and wellness experience for individuals, couples, or families offered multiple times a year. The Radiant Life Retreat is specifically designed for those who have lived cross-culturally for a year or more. It is a time of focused reflection and connection with the Father, taking time to hear His perspective on the past and His guidance for the future.

<http://excellingleaders.org/retreat/>

Returning Well invites you, a cross-cultural worker of faith in re-entry, into a guided conversation with your Creator that will reveal and apply invaluable insights as you reflect on your recent season of cross-cultural service. By using Returning Well, you will discover how this season influenced you, how to re-integrate well, and what moving forward in faith means for you.

<http://www.ReturningWell.com>

The Well International (Thailand)

<http://www.thewellintl.org/debriefing>

TRAIN International

Joplin, MO

<http://www.traininternational.com/Site/Abide.html>

Watts Your Pathway

Oxford, England

Helen Watts provides understanding and accompaniment to those who have lived overseas and returned to their home country. She works with people who are trying to make sense of their overseas experience, their change in identity, the chaos of their transition and where they're going next. She helps them bring closure to their time away, to take control of their life during their readjustment, and to move forward with a new sense of confidence in who they have become and what they offer to the world. Skype is the main medium for coaching and debriefing, though it may be possible to arrange face-to-face or telephone coaching in the UK.

<http://www.wattsyourpathway.co.uk> or helen@WattsYourPathway.co.uk

EATING DISORDERS

Remuda Ranch (Arizona)

www.remudaranch.com

Rooted Souls (Pendleton, IN)

Rooted Souls Retreat Center provides outpatient counseling services to children, adolescents, adults, and their families. We specialize in the treatment of anxiety, depression, eating disorders, body image issues, trauma recovery, and life transitions. When you walk into our offices, you will step into a warm, inviting space that is focused on the whole person. Rooted Souls can help you find deeper understanding and personal wholeness by bringing spirituality into the healing process.

<http://www.rootedsouls.org/>

Conquering Eating Disorders by Robert S. McGee

It's Not About the Weight: Attacking Eating Disorders from the Inside Out by Susan Mendelsohn

Thin Enough: My Spiritual Journey Through the Living Death of an Eating Disorder
by Sheryle Cruse

EDUCATION

Anchor Education

Serving families in Africa. Our core business is to run conferences for expatriate families, providing services in: educational testing and evaluation, educational consultancy for parents, educational planning, special educational needs.

<https://www.anchorededucation.org>.

Asia Educational Resource Center (AERC)

https://www.asiaerc.org/aerc_alpha/

The Asia Education Resource Consortium (AERC) exists to meet the educational needs of many expatriate families living in Asia. It provides important support and targeted services through a network of regional conferences, family consultations, testing services, resource centers, and online resources. Members can learn more about AERC by logging in and visiting the various pages of this web site.

SHARE

SHARE Education Services helps English-speaking expatriate families living in Europe, Russia, Central Asia, and the Middle East with their children's educational needs. With a caring, compassionate staff of educators and years of international experience, we understand the joys and challenges of educating children in a cross-cultural environment.

<http://www.shareeducation.org/>

HOUSING

Church of God Missionary Apartments

1216 E. 10th St., Anderson, IN 46012

Cost: \$40.00 a day \$160.00 a week \$650.00 a month (Includes utilities)

Contact Kathi Sellers ksellers@chog.org

765-608-3019

Dave & Kathy Sandefur

967 Nicholas Ln

Ellettsville, IN 47429 (near Bloomington)

dksand@bluemarble.net

Kathy and I recently finished the basement of our home into space which could be used as an apartment. It has one bedroom (but may be able to suit a family in a pinch), a bathroom w/tub & shower, a small kitchen area with sink, refrigerator, cook top stove and counter space a fairly large open area with a walkout entrance.

MARRIAGE

Caring for the Heart Ministries

Offers pre-field marriage counseling from a biblical perspective, as well as providing individual and couples counseling.

<http://caringfortheheart.com/>

WinShape Marriage

WinShape Marriage was born out of Bubba and Cindy Cathy's desire to create adventures for couples to ignite fun and intentionality within their marriage. Since then, the ministry has held fast to powerful programs that prepare, strengthen, and save marriages to enable couples to realize the beauty of a Christ-centered marriage.

<https://marriage.winshape.org/>

Cross-Cultural Marriages and the Church: Living the Global Neighborhood by Dr. J. Lawrence Driskil

Intercultural Marriage: Promises & Pitfalls by Dugan Romano

INTERCULTURAL MARRIAGES: Is My Way the Right Way?

<http://www.marriagemissions.com/intercultural-marriages-assumptionsmy-way-the-right-way/>

Love Across Latitudes: A Workbook on Cross-Cultural Marriage by Janet Fraser-Smith

<http://www.oscar.org.uk/oscaractive/reviews/lal.htm>

Missionary Marriage Issues

<http://www.missionarycare.com/ebook.htm#marriage>

Shepherd's Heart (Retreat Centers in Colorado, Canada, France, Israel and Southeast Asia)
We provide five-day, one-on-one counseling intensives at one of our beautiful crisis retreat centers designed to provide a safe and comfortable environment. These intensives are intended for Pastoral Couples, Missionaries and Ministry Leaders who are suffering from burnout, marriage or family issues, or moral failure within the ministry.

www.ShepherdsHeartMinistry.com 303-884-8030 in the U.S. or 705-493-1418 in Canada

The Better and Worse of Intercultural Marriages

<http://www.marriagemissions.com/the-better-and-worse-of-cross-cultural-marriage/>

Thinking of Marrying Someone From Another Culture?

<http://www.marriagemissions.com/thinking-of-marrying-someone-from-another-culture/>

Your Intercultural Marriage: A Guide to a Healthy, Happy Relationship by Marla Alupoice.

MEN'S RESOURCES

Traction Conference for Men

TRACTION is a 6-day experience designed to encourage global workers who serve in Europe, Asia, Africa, and the Middle East. TRACTION is different than any other kind of conference. It isn't about filling notebooks or honing leadership skills. It is about living as single men, husbands, fathers, leaders, and as guys who deal with tremendous stresses cross-culturally.

<http://catalystintl.org/>

MISSIONARY KIDS/THIRD CULTURE KIDS

Barnabas International Reentry Seminar for Sons and Daughters of Missionaries

Ask about financial assistance provided for Team Expansion TCKs
www.barnabas.org

Daraja: We are an organization under the directorship of Michael Pollock, serving Third Culture Kids and Cross-cultural Kids (TCKs and CCKs) during the transitional time between high school and college senior year. Located in Michigan. <http://www.daraja.us/>

Mu Kappa – a fraternal organization for MKs
www.mukappa.org
(815) 395-1335

Interaction International
Are you ready not just to survive, but to really thrive? For almost 30 years, Interaction International has been answering that question by preparing adolescent Third Culture Kids/TCKs and MKs, like you, through our Transition Seminars. The content is designed to be interactive, fun, insightful and if applicable, healing.
<http://www.interactionintl.org/transition.asp>

Missionary Kids Ministries
909-338-4838
Cedarpines Park, CA
Find them on Facebook and also at MissionaryKidsMinistries@gmail.com

Missionary Kids Safety Network
<http://www.mksafetynet.net/>

Neither Here Nor There
A documentary film about growing up in multiple cultural worlds.
<http://www.neitherherenorthere-thefilm.com/> (Greta Meece has a copy of the DVD.)

Understanding Adolescence
<http://www.missionarycare.com/ebook.htm#adolescence>

Cultural Creations: Third Culture Kids and Adolescence
http://www.missionarycare.com/ebook.htm#cultural_creations

We're Going Home - Reentry for Elementary School Children
http://www.missionarycare.com/ebook.htm#going_home

I Don't Want to Go Home: Parents Guide for Reentry for Elementary School Children
http://www.missionarycare.com/ebook.htm#going_home

TCK World
<http://www.tckworld.com/>
Scholarship Resources for MKs
<http://www.servantcare.com/Links/mkSchol.php>

Worldwide Families

As the population of expatriate families continues to grow, there comes a need for resources to address the common challenges that come with living overseas.

<http://www.worldwidefamilies.org/>

MK AGES AND TRANSITION TO THE FIELD

What Missionaries Need to Know about Burnout and Depression (2010), Esther Schubert
“Due to the importance of peers in the 13-15 year age group, I believe that this period in a child's life may be the most dangerous time to make a move, either to the mission field or a return to live permanently in the homeland. This trauma may be exacerbated even more for an only child.” (p. 41)

Children's ages are key <http://www.askamissionary.com/question/754>

Answer from Mike, who has served with various organizations in different parts of the world for sixteen years. The age of your children will factor significantly into their adaptation to the new culture. Read more at the link provided.

What if my teenage kids don't want to move to the mission field?

<http://www.askamissionary.com/question/500>

When Your Missionary Teen Struggles

<http://www.alifeoverseas.com/when-your-missionary-teen-struggles/>

MISSIONARY LIFE

What Missionaries Ought to Know

http://www.missionarycare.com/ebook.htm#ought_to_know

RAPE/SEXUAL ASSAULT RESOURCES

Listing of International Rape Crisis Hotlines

<http://www.ibiblio.org/rcip//internl.html#mid>

Sexual Assault Support & Help For Americans Abroad

<https://sashaa.org/>

RE-ENTRY RESOURCES

The Reentry Team by Neal Pirollo

Crossing Cultures: How to Manage the Stress of Re-entry by The Salvation Army (2000)

Re-entry by Peter Jordan

Staying a Missionary by Hudson Deane

Serving as Senders by Neal Pirollo

The Art of Coming Home by Craig Storti

The Missionary Team by Ian Benson

Coming Home: The Reentry Transition

<http://www.missionarycare.com/ebook.htm#reentry>

Before You Come "Home": Preparing for Reentry

http://www.missionarycare.com/ebook.htm#before_reentry

We're Going Home - Reentry for Elementary School Children

http://www.missionarycare.com/ebook.htm#going_home

I Don't Want to Go Home: Parents Guide for Reentry for Elementary School Children

http://www.missionarycare.com/ebook.htm#going_home

RESILIENCY

Online Quiz and Interpretation

<http://www.resiliencycenter.com/resiliencyquiz.shtml>

RETREATS/LODGING

IN THE U.S.

Barnabas Factor (by the week only in July and August)

www.barnabasfactor.com

We invite you and your family to come spend a week at beautiful Lake Tahoe. We provide two cottages for pastors and Christian leaders to be restored and refreshed. Lake Tahoe is a beautiful place, and while you are here, most of the time will be your own. As part of your week you can choose a subject area to spend a 3-4 hour block of time to get stronger for the stresses of ministry. Cost: Two bedroom cottage (sleeps 6 with sofa bed) \$300 per week One bedroom cottage for \$260 per week Contact: Tom and Barbara Salter 530-583-4656 PO Box 885 Tahoe City, CA 96145 Email: BARNABASFACTOR@COMCAST.NET

Beside Still Waters

www.beside-stillwaters.org

Beside Still Waters at Playa Del Sol on the Gulf Coast of Florida is a program that recognizes the pressures of being in ministry in this day and age. Our goal is to provide a place of rest and refocus for those in need who are in the service of the Lord. This program is open to experienced pastors, ministers, missionaries, bishops, priests, or rabbis, etc. with three or more years of experience. Stay is limited to 10 days. All applicants pay a \$250.00 refundable deposit, in addition to a minimum donation of \$250 per stay, an application fee of \$25.00 (non-refundable), and a cleaning fee of \$125.

Broom Tree Ministries (free)

www.broomtreeministries.org

Five-day retreats. Three beautiful facilities in Wisconsin and Michigan.

Cleft Rock (two free nights for missionaries)

www.cleftrock.org

Located in southeastern Kentucky, cleftRock is nestled in the foothills of the Cumberland Mountains. Just two hours from Louisville, Cincinnati, and Knoxville, we offer cabin retreats, hiking trails, and a resource center for missionaries and pastors.

Deer Ridge Ministries (free)

<http://drmretreats.org>

Deer Ridge offers 5 night retreats at bed & Breakfast facilities in northwest Illinois. Retreats include meals, lodging and the use of all program materials. Contact: David and Louise Decker 815-248-2480, 508 Freemont Durand, IL 61024 Email: dalou1087@stateline-isp.net

EdenRidge (\$24-\$68/night)

<http://www.edenridge.org>

EdenRidge is located near the town of Crossville, Tennessee, and is within a day's drive of two thirds of the United States' population. The key word at EdenRidge is rest. For some, rest may mean staying put at EdenRidge in one of our well-furnished and decorated guest cabins while enjoying the calm and serene surroundings. For others, it may mean time as a family enjoying some of the great parks and attractions in the area. After a stay at EdenRidge, our prayer is that missionaries will be well rested, renewed, and ready to continue their furlough or return to their field of service. The discounted missionary rate for cabins is \$38/night and the rate for cottages is \$30/night. Please be sure to use the code "mission" to apply the discount.

rest@edenridge.org

ELIM Retreats (very economical)

<http://www.elimretreats.org/index.php>

En Gedi Retreat in Steamboat Springs, Colorado (free)

www.engediretreat.org

En Gedi Retreat is a free retreat home for pastors and missionaries located on Fish and Cross' beautiful 4,000 acre ranch, nestled right up against the Rocky Mountains, just south of Steamboat Springs, Colorado. Its vision is to provide a place of solitude, relaxation and a positive environment to heal, encourage and refresh pastors, missionaries and their families, so that they are better equipped, rested and ready for the ministry work that God has called them to.

Fairhaven Ministries

www.fairhavenministries.net

Located in Roan Mountain, TN. 15 chalets and cottages on 100 acres in the Blue Ridge Mountains. Each is beautifully furnished and has a living room, kitchen, bathroom, bedroom with queen size bed and upstairs loft with 2 twin beds. Plus queen size sleeper in LR. There is counseling help and spiritual direction available for those who request it. Most of our guests use Fairhaven as a place of retreat, renewal or personal vacation. Since we are in the mountains there is hiking, boating and historical sites and shopping nearby. Cost: \$45 per night for Christian Ministry Couple. Contact: 2198 Roaring Creek Rd. Roan Mt., TN 37687 Email: fhmin@aol.com

Faith Mountain Ministries

www.faithmountain.org

Faith Mountain is a Christian Retreat offering two and four bedroom cottages, resort atmosphere at campground rates. 250 wooded acres located in the Mountain Lakes Region of West Virginia provide an ideal setting to experience rest, relaxation, and spiritual retreat. Cost: \$40-\$50 per night for those in full-time Christian ministry. Contact: Herb and Kathy Miller 304-364-4019 Fax: 304-364-5638, HC 73 Box 18C Rosedale, WV 26636 Email: faithmtn@mountain.net

Harbor of Refuge, Int'l (Iowa)

http://www.globalmembercare.org/fileadmin/user_upload/2018/HRIBrochure.pdf

Need a place to rest for a week and receive consultation/debriefing/prayer?

A new ministry has started in Waterloo, Iowa called Harbor of Refuge, Int'l.

If interested, please write us at: stanley@azlearn.org. After serving for 8 years in Central Asia as member care staff they are excited about hosting those who are presently on the field or in transition.

Home of Peace (Oakland, California)

<https://homeofpeace.com/>

Today we operate as a Christian non-profit organization to provide accommodations and meeting spaces to individuals, missionaries, pastors, churches, and other non-profit groups. The peaceful grounds are ideal for conferences, couples getaways, indoor and outdoor brunches & luncheons, banquets, teas, weddings and much more!

Life Impact Ministries (various locations)

www.lifeimpact.care

Missionary Care Ministry (free)

www.missionarycareministry.org

Located in north Georgia, Missionary Care Ministry offers missionaries free lodging for up to a month in a guesthouse on 11 acres of land. This is intended to provide restoration to those who need to be encouraged and equipped to better proclaim the gospel. Singles, couples, and large families are welcome (some meals are provided).

Mountain Learning Center in June Lake, CA

www.pastor-care.com/home.html

We provide a mountain retreat for 8-day or 11-day therapeutic structured counseling for couples only. 800-293-2508; pastorcare4me@gmail.com

Pastors Retreat Network (free)

<http://www.PastorsretreatNetwork.com>

Pastor's Retreat Network invites individual and couples involved in full-time Christian pastoral ministry to meet with God through five-day self-directed retreats. We offer three programs: Sabbath Rest allows guests to design their own program with elements of prayer, meditation, reading, fellowship with other retreat participants and recreation. Bethany Retreat (couples) and Sinai Experience (individuals) offer guests a starting point with suggested readings, prayers and meditation opportunities; all used as the Lord leads. Retreat sites are upscale bed and

breakfast style facilities located in beautiful natural settings. All meals, amenities and program resources are provided.

Wisconsin - Nancy Hagen - Cedarly Pastors Retreat, 262-646-7772
PO Box 180455 Delafield, WI 53018 Email: nhagen@pastorsretreatnetwork.org

Texas - Karen Camp - Texas Stagecoach Inn, 830-966-6270
Ranch Road 187 Vanderpool, TX 78885 Email: camp@pastorsretreatnetwork.org

Ohio - Nancy Lembke - Valley View Inn, 330-897-3232
32327 SR 643 New Bedford, OH 43824 Email: valleyvu@brightnet.net

Quiet Place Ministries (free)

www.quietplaceministries.org

Located in Michigan, Quiet Place Ministries does not yet own property, but it does rent cottages or cabins in quiet, peaceful settings for missionaries to have a retreat at no cost for lodging. Quiet Place Ministries provides places where families can spend time together with the Lord. Children are welcome (meals are not included).

ServantCARE (in 40 states in the US, Toronto, Italy, and Scotland)

<https://www.servantcare.com/hospitality>

ServantCARE has 280 Hospitality Homes around the USA and in Canada, Scotland, and Italy for missionaries to stay in as the travel. We also have two retreat centers, one in Alabama called The Resting Place and one in Wisconsin called The Dwelling Place. In addition, we have 9 Regional CARE Locations they can access for ministry/counseling. For prayer needs we have 160 intercessors in 4 nations who pray over needs sent out every Wednesday in our Prayer Shield. Phone: 334.695.4043

Shekinah Ranch (Fraser, CO)

<https://www.shekinahranch.org/>

The vision of Shekinah Ranch is for individuals and couples in full-time Christian ministry to seek the Lord while staying in our cabin. While recreation is good and necessary, our primary focus is spiritual health. We have made every effort to create a place conducive to spending time alone with God. Understanding that it usually takes three days to unwind, we encourage you to stay at least five nights to make the most of your stay. If you are just looking for an inexpensive place to stay to recreate, it does not fit the purpose for Shekinah Ranch. info@shekinahranch.org

Shepherd's Gate Inn/REST Ministries (by donation)

www.rest-ministries.org

Located in Centerton, Indiana. REST is an acronym for **Restore, Encourage, Shepherd and Train**. They offer personal and group retreats. Come enjoy the comforts of the beautiful Shepherd's Gate Inn. Meander down the many trails on our heavily wooded 42 acres or just sit on the deck and watch the deer drink from the pond. Available for personal or group retreats. 765-327-7157 info@rest-ministries.org

Restoration Refuge (donation requested, but not required)

www.restoration-refuge.com

Located north of Phoenix, AZ, we seek to provide food, shelter, and a place of solitude for those in ministry that find that they need to spend time away from their normal routine in order to seek restoration of body and soul through communion with God. Email sssnider@q.com
Or call 480-595-2756.

Shunem House

www.shunem.org

Located in Noblesville, IN. The guest house is a place where traveling missionaries can come apart for physical, spiritual, emotional, and ministry renewal. (For individual or family stays, a donation may be made to help with the ministry.)

The Brook at Bethpage (first visit free)

www.brookatbethpage.com

Located in Stella, MO, the Brook at Bethpage is a place where pastors and missionaries can escape the rigors of everyday life for the purpose of study, relaxation and seeking God. There is a minimum stay of 2 nights, and a maximum of 5 nights. The first time visit is no charge. Children are welcome.

The Cove

www.thecove.org

Billy Graham Training Center in Ashville, NC. Ask for Clergy Appreciation Month for less expensive events.

The Lodge

www.retreatatthelodge.org

Our retreats are designed for couples in full-time ministry, those who are seeking a break from their busy days and non-stop schedules in order to gain strength in God's presence. Our goal is to facilitate meaningful times in God's presence—times that renew and restore—times that bring a freshness of purpose and mission. Each day provides sessions of small group sharing, prayer and worship as well as extended personal time. Maximum group size is 8 couples. Cost: 4-day retreats \$400 per couple and 10-day retreats are \$1,000 per couple includes lodging and meals. Contact: Jim Bever 877-775-6343, Life Action Ministries PO Box 151, Buchanan, MI 49107 Email: jbbever@lifeaction.org

Tuscarora Resource Center in Mount Bethel, PA

<http://www.tuscarora.org/>

Our accommodations include hotel style rooms with either King, Queen or two double beds, cottages with two double beds and private bath, the Ribe Lodge with two twin beds, and dormitory style rooms with bunks and shared bath. Our chefs are working hard to serve you with three delicious meals a day. All meals are served family style in our beautiful dining room by waiters & waitresses whose first concern is your satisfaction.

Zephyr Point (Lake Tahoe, NV)

<https://www.zephyrpoint.org/>

Zephyr Point is where spiritual renewal takes place in people's lives. Jesus invites us to "Come with me by yourselves to a quiet place and get some rest." (Mark 6:31) At Zephyr Point, we facilitate Christ-centered renewal in the lives of our guests. It is a place where you can reflect on

the Good News that God has redeemed us through Christ. It's also a place to improve your walk with our Lord through innovative programs that are both stimulating and relevant.

AFRICA

Bethel Retreat Center (Kenya)

Provides rest, encouragement and restoration through physical, emotional and spiritual care. Based in Kerugoya town, we are committed to supporting Christians serving with churches, missions and other agencies in Africa. Send e-mail to jumaw@hotmail.com or call ++ 254 202032370

Grace House Resort (Kenya)

<http://www.graciahotels.co.ke/>

In room bath w/hot showers. Single B & B is 2000 ksh Buffet dinner is 750 ksh +254 20 3870407/9 cell - +254 721 320 917 or +254 722 360 016

gracehouse@graciahotels.com

Kikuyu Lodge Hotel (Kenya)

<http://www.kikuyulodgehotel.com>

Small Comfortable Hotel/Guest House near Nairobi, offering special rates for Aid, Development and Mission workers. Suitable for seminars, training courses and work groups. Airport Transfers and other transport can be arranged. Email kent_trevor@hotmail.com ; Tel: ++ 254 66 31194 (KENYA)

Kisima Safaris (Kenya, Tanzania, Uganda)

African wildlife safaris, Camping Tours, Uganda Gorilla Treks, budget camping, beach holidays, mountain climbing, gorilla safaris, masai mara camping safaris. We have special offers for missionaries. Send e-mail to kisima_safaris@yahoo.com. PH: ++ 254 733 778343

Mission Barnabas (Nairobi, Kenya)

www.missionbarnabasint.org

Dormitory housing.

Contact Ronnie and Debbie Matheny at Ronnie@MissionBarnabasInt.org

Namirembe Guest House (Kampala, Uganda)

<http://www.namirembe-guesthouse.com/>

Namirembe guest house is a home away from home. It offers a clean, neat and quiet atmosphere for accommodation, food and conference hall. Send e-mail to mail@namirembe-guesthouse.com. PH: ++ 256 41 273778

AUSTRALIA

Aldinga Beach Retreat

<https://missionsinterlink.org.au/resources-category/missionary-resources/retreat/>

Aldinga Beach Retreat is located in Aldinga Beach, South Australia, an hour's drive south of Adelaide. The retreat house is modern and family friendly, and has 3 bedrooms and 2 bathrooms. It is sandwiched between the beautiful family-friendly Aldinga Beach and the

Aldinga Scrub Conservation Park. The conservation park has many walking trails and is home to native plants and animals. As a ministry of Missions Interlink, stays are offered at a significantly reduced cost for missionaries, pastors, and Christian workers who are in need of retreat. The retreat house volunteers, Ben and Robyn, have experience in member care, and can offer debrief upon request. They can also help connect guests with Christian counsellors or psychologists in the local area if that is needed.

CANADA

ServantCARE (Toronto)

<https://www.servantcare.com/hospitality>

ServantCARE has 280 Hospitality Homes around the USA and in Canada, Scotland, and Italy for missionaries to stay in as the travel. We also have two retreat centers, one in Alabama called The Resting Place and one in Wisconsin called The Dwelling Place. In addition, we have 9 Regional CARE Locations they can access for ministry/counseling. For prayer needs we have 160 intercessors in 4 nations who pray over needs sent out every Wednesday in our Prayer Shield. Phone: 334.695.4043

Tamarack House

Alan Harwood

P.O. Box 105, Sussex NB EOE 1PO

506-433-5417

13-15 hrs. from PA, 12-14 hrs. from N.Y.C., 14 hrs. from Toronto.

CYPRUS

Katafiyio Anglican Retreat House

<http://st-pauls-nicosia.com/retreats.htm>

Located in the small village of Kapedes, 30 km south of Nicosia, on the edge of Machairas Forest. It is ideally situated to provide a place of relaxation for anyone, from any denomination, to take timeout for rest, quiet reflection and prayer. Individuals and small groups (up to 20 people) are welcome for retreats and quiet days.

retreats@spidernet.com.cy

PH: ++ 357 2267 1220

Troodos Campsite

<http://www.aboutmeco.org/troodoscampsite/about.html>

EUROPE

A Lodging Place (Cyprus) with Beverly Richardson, Ph.D.

A Lodging Place Cyprus will open on May 20, 2019. A Lodging Place (ALP) is available for Cross-cultural workers for rest, spiritual retreats to connect with God, counseling and debriefing. ALP is located 30 minutes from the Larnaca International Airport in the village of Kalavastos. There are three fully furnished apartments available on a donation basis. Dr. Beverly Richardson is a licensed Christian Counselor, spiritual director, CSA coach and a Le Rucher certified debriefer and coach. Beverly served on a church planting team in Kazakhstan and at The Well Member

Care Center in Chiang Mai, Thailand. She is available for counseling, debriefing, spiritual direction and can provide spiritual retreats upon request. For more information about this and services provided, please email: alodgingplace@gmail.com
www.newsongchristiancounseling.com

Abla Guesthouse (Portugal)

<http://ablaguesthouse.org/welcome.html>

Abla has for years successfully hosted group retreats, conferences, seminars, training courses, workshops, parties, gatherings, etc. Email: geral@ablaguesthouse.org Phone: +351 214548114

AMG International (Greece)

<http://www.zintsc.org/>

Greece is a globally central location to gather your organization's field staff. Host your team at a relaxing Greek resort with opportunity for recreation, fellowship and training. Add some day trips to your conference to see key biblical sites. Your missionaries will have the opportunity to walk where church planting first occurred. In many cases, we can help you accomplish this more economically than bringing your staff back to the U.S.

Ashburnham Place (East Sussex, England)

<https://www.ashburnham.org.uk/>

We provide a place for retreat, rest, refreshment and connection for people from all walks of life. Ashburnham Place is stewarded by the Ashburnham Christian Trust and is home to a serving community of Christians from many traditions. We are set in 220 acres of stunning grounds and gardens with three lakes and an abundance of nature. Our commitment is to serving and resourcing people.

Casa Nesca – Retreat Centre (Southern Spain)

www.nescaretreatspain.org

Small informal home for retreat and holidays for Christians. Secluded garden & private pool. B&B, half board or self-catering. Reductions for missionaries. Free transport from Malaga airport. Tel: ++ 34 95 2371380 Fax: ++ 34 95 2371380

Forterocca Christian Holiday and Conference Center (Italy)

<http://casaperferieforteroc.wix.com/forterocca>

Interested in waking to the sound of cow bells and sunlight streaming into the valley from the Italian Alps? OM Italy has "Forterocca", a center that offers quality accommodation for about 200 persons (and 25 beds are suitable for the disabled) and several conference rooms. The center has been built to help churches grow their missionary vision, a place where younger generation could be trained. Contact Sergio at info@forterocca.it.

Foyer le Pont (Paris, France)

Guest house with rooms and breakfast available at a reasonable price. The meeting centre of Protestant Churches in Europe aims for presenting a bridge (according to its name "Foyer le Pont"; le pont = the bridge) and creating connections between the believer of the European Protestant churches. Address: 86, rue de Gergovie 75014 Paris; Phone: +33 1 45 42 51 21; E-Mail: le-pontparis@wanadoo.fr

Good Book Oasis (Slovakia)

www.lifeimpact.care/good-book-oasis/

Good Book Oasis in Slovakia provides a peaceful setting where you can refresh spiritually, emotionally, mentally and physically. They welcome all full-time-Christian-workers who need a break to come for a week or even a weekend and experience the Lord's peace. For reservations or inquiries please e-mail Amber at: amber.stark@lifeimpactministries.net. Suggested Donations: Single/Couple 20€/night; Family 25€/night. Please note: we run this ministry on a donations-only basis, please do not let finances keep you from enjoying a much-needed rest.

Grima Christian Retreat House (Southeast Spain) (free)

<http://www.grimachristianretreat.co.uk/>

Old Spanish house in the beautiful Almeria province of SE Spain for up to two weeks. Contact James or Jane Burns. Phone: (044) 01275 846678. Email: janeburns@blueyonder.co.uk; put Grima on subject line.

The Highbury Centre

<http://www.thehighburycentre.org/>

The Highbury Centre is ideally situated in the heart of London in a delightful conservation area, yet still close to the city centre.

Founded in 1893 as The Foreign Missions Club, our guest house has accommodated thousands of pastors, missionaries and ministers from nearby and further afield. Our mission today still is to provide affordable accommodation to those who serve the Lord from across the world. We welcome other guests who respect our ethos.

Individually Guided Retreats in the Netherlands

Would you like to enjoy some time of rest and prayer, time to simply enjoy "being" in God's presence? Then this might be just what you are looking for! In 2018 Annieke van Dijk is offering you several possibilities for individually guided retreats in the Netherlands.

annieke.vandijk@interserve.nl

Le Château de Saint Albain (France)

<http://www.chateaustalbain.com/>

The Château is a ministry of Grace Brethren International Missions, a retreat center used by evangelical churches and individuals from all over Europe. Located in the small village of Saint Albain, the Château provides a relaxing setting for church retreats, training seminars, youth events, or just a chance to get away for a quiet weekend.

La Rucher (Geneva, France)

<https://lerucher.org/>

Our team of experienced pastoral care workers provide a Christian, Biblically-based approach to both routine and crisis debriefing for individuals, families or teams, either at Le Rucher or on the field. We train and provide certification for those who want to use our Exchange at the Cross™ model of debriefing. (Close to Geneva, Switzerland)

Life Impact Ministries (Italy, Slovakia, Bulgaria)

www.lifeimpact.care

Life Impact offers hosted Oases of rest and renewal for International Workers, Pastors, and other Christian leaders.

Penhurt Retreat Centre (England)

<http://www.penhurst.org.uk/index.php>

Penhurst is a small, friendly Christian Retreat Centre where a warm welcome is offered to all. We also specialise in support for mission partners, cross cultural workers and full-time Christian workers from the UK and overseas. Situated in an area of Outstanding Natural Beauty, it is just 10 miles from the coast in the Sussex High Weald. The beauty, peace and comfort of this place create an ideal setting in which to draw closer to God and experience his love. Comfortable full-board accommodation is available for up to 16 guests sharing 8 bedrooms including 2 ground floor en-suite rooms, one of which is fully adapted.

Restored and Renewed – The Chateau (Lafauche, France)

<http://www.restoredandrenewedministry.com/the-chateau/>

We believe strongly that ministers need time for rest in the midst of their important work. Time away from the demands and expectations of others allows you to refocus and recommit yourself to your family and your work. That's why we have designed the Chateau as the center of our ministry. Here you will find a place of rest and restoration. Situated at the edge of the Champagne region in eastern France, Chateau Claire Fontaine is a beautiful escape from the busy world. With twelve bedrooms and a beautiful view of the French countryside, we have plenty of room for you to find a quiet corner and rest. The entire stay is FREE, whether you stay a day, or a month, you are always welcome. We also offer free counseling and other services.

Schloss Heroldeck (Austria)

http://www.pritchardwebpages.com/pritchardwebpages/websites/commercial_sites/ccre/austriaconf.html

Poised on a wooded slope overlooking Lake Millstatt, Calvary Chapel's Schloss Heroldeck ("the castle") provides a relaxing, Christian atmosphere for guests. The castle is on a hillside above Lake Millstatt in Austria near the town of Spittal. It is approximately 4.5 hours from Munich by car, 2.5 hours from Salzburg.

ServantCARE (Italy, and Scotland)

<https://www.servantcare.com/hospitality>

ServantCARE has 280 Hospitality Homes around the USA and in Canada, Scotland, and Italy for missionaries to stay in as the travel. We also have two retreat centers, one in Alabama called The Resting Place and one in Wisconsin called The Dwelling Place. In addition, we have 9 Regional CARE Locations they can access for ministry/counseling. For prayer needs we have 160 intercessors in 4 nations who pray over needs sent out every Wednesday in our Prayer Shield. Phone: 334.695.4043

The Good Book Oasis (Slovakia)

<http://lifeimpactministries.net/locations/slovakia-oasis/>

A place of rest and refreshment for missionaries and pastors and their families. Come to the Oasis for some quiet time with the Lord or some fun time with your family! Suggested donations: 20E/night single or couple, 25E/night family. Breakfast is provided and other meals can be arranged.

The Haven (Portugal)

<http://www.thehavenportugal.com>

We have 2 guest homes that are open for pastors and missionaries to come. We offer service ranging from vacation planning all the way through pastoral care, prayer ministry, debriefing, etc.

The Hiding Place (England)

<http://thehidingplace.fsnet.co.uk/page6.html>

A quiet resting place for the Christian worker. Low fees. Located in Sutton-in-Ashfield in the UK, some 15 miles north of Nottingham. Approximately one hour from Birmingham Int. Airport and two hours from Manchester airport. Contact Charles and Rachel Claydon, charlesandrachel@thehidingplace.fsnet.co.uk; Phone - 01623-441-937 or Mobile-07769-941-273

The Oaks Oasis (Italy)

www.lifeimpact.care/the-oaks-oasis/

The Oaks Oasis in Italy provides a peaceful setting where you can be refreshed spiritually, emotionally, mentally and physically. The Oaks welcomes all Christian workers to come for up to ten days to experience the Lord's peace. Suggested Donations: Single/Couple 50€/night, Family 65€/night. This ministry on a donations-only basis; please do not let finances keep you from taking advantage of a much-needed rest. For reservations or inquiries please e-mail Celeste at: TheOaksOasis@gmail.com

VCH – Assoc. of Christian Hotels (Germany, Switzerland, Austria, Italy, Brittan and Poland)

<http://www.vch.de/index-en-en.html>

A number of our associated hotels continue to be owned by religious or charitable institutions. - Whether you're on holiday or travelling for business, whether you want to stay in the countryside or in city centres: the VCH hotel co-operative features a great choice of hotels. These are managed by people who are loyal to Christian values and create an equivalent atmosphere for their guests.

GIBRALTAR

Gibraltar, Europa Retreat Center

<http://www.europa-retreat-centre.com/>

Wake up to a spectacular view of both the Straits and the bay of Gibraltar. Very reasonable rate. Contact them at erc@gibtelecom.com or (350) 49343.

HONG KONG

Bethany Ministries (near Hong Kong)

Cheung Chau Island

<http://www.bethanyhk.org/>

Bethany Ministries is a member care organization for Christians and their families serving the Lord. We are committed to providing rest, encouragement and restoration through appropriate physical, emotional, and spiritual care. Set on a hill in attractive grounds overlooking the Sea, Bethany's location is idyllic - five minutes to sandy beaches, peaceful walks around rocky coves and yet the town with its restaurants and shops is just nearby. The pressure of the city is

replaced by a small and friendly island with no cars, pollution or constant noise. Come for as long as you need.

JAPAN

Guest House in Japan

GandRAYling@omf.net

Gareth and Ruth Ayling: 359-0001

Ken Saitama

Chefoo Hostel, 1271-29 Shimotomi, Japan

NEW ZEALAND

Home to Home has members listed in New Zealand <http://www.christianhospitality.com/>

PHILLIPINES

Home to Home has members listed in this country. <http://www.christianhospitality.com/>

Doane Rest, Missionary Retreat Center

<http://www.doanerest.com/>

Since 1932 Doane Rest has been an oasis for spiritual and physical refreshment where God's servants can retreat in the beautiful Cordillera Mountain Range of Central Luzon. Doane Rest exists to provide a peaceful setting enveloped in the natural beauty of Baguio City where missionaries, Christian workers and church members can rest and renew themselves to more effectively fulfill their ministry calling. Send e-mail to office@doanerest.com.

First Love International Ministries

Mission Guest Condominums available daily or weekly. Manila Philippines. Suggested donation rates are very reasonable for one condo at 750-1000 pesos per night. We have one condo that can accomodate a group up to 9 persons. Send e-mail to pcfcasia@yahoo.com. PH: ++ 632 658 0462

SINGAPORE

OMF Facility

<http://www.omf.org/singapore>

OMF has first call on facilities. Rooms that would be otherwise unused, we are happy to provide hospitality. The cost for an air conditioned room is S\$38 with a S\$6 supplement for use of the aircon (50c an hour). Meals in the Dining Room can be provided at S\$9 a day. All bills to be settled in Sing dollars for cash unless other arrangements made.

THAILAND

Bangkok Christian Guest House

<http://www.bcggh.org/>

50 guest rooms, 123 Saladaeng Soi 2, Bangkok, Thailand 10500 Phone: +66 (0)2 233 6303 Fax: +66 (0)2 237 174 E-Mail: reservations@bcggh.org

The Dwelling (Chiang Mai)

http://www.thedwelling.info/The_Dwelling/Dwelling.html

Now available for free to any and all missionaries desiring a relaxing, private getaway and wanting to receive any kind of member care services. The Dwelling is a beautiful, fully-furnished 4-bedroom, 3 bathroom home, plus an office/counseling room with A/C in every room, wireless internet, use of a van, motorcycle and bicycles, and sleeps up to 11 people in beds. Use of a community pool and fitness center only a block away. Member Care services can be obtained through The Well Member Care Center, Counseling, or through one's own mission organization.

The Juniper Tree (Hua Hin and Chiang Mai)

<http://www.juniper-tree.org/>

Offering rest and refreshment for Christian workers in Asia, working in situations outside of their own culture. They are an evangelical, non-denominational, charitable foundation, set up to provide places where individuals, couples or families can come to find physical and spiritual refreshment to enable them to return to their sphere of service. We are not a guest house or hotel, but rather our aim is to provide a home away from home, for Christian workers on a low budget to come and enjoy the peaceful environment. The Juniper Tree has 2 different locations, one at Hua Hin, on the Gulf of Thailand, south-west of Bangkok and the other in Chiang Mai, Thailand's bustling second city, in the north of the country. Send email to juniper2@loxinform.co.th. PH: ++ 66 53 140914

OTHER RESOURCES FOR RETREATS/LODGING

Christian Hospitality Network

Since 2002, CHN's GetAway ministry; has been blessed to offer rest and refreshment to Missionaries from 84 countries, 76 different Sending Agencies as well as many Independent Missionaries around the world. U.S. and international destinations.

<https://thechn.org/missionary-getaways/>

Come before Winter (various locations)

Our mission: By the power of God and for God's glory, Come before Winter exists to renew, equip, honor and unite men and women in ministry around the world. Our philosophy: Provide men and women in ministry with a gift of time in which they can dedicate themselves exclusively to hearing the voice of God, and He will renew them—mind, body, and soul.

<https://www.comebeforewinter.org>

Life Impact Ministries (various locations)

<http://lifeimpactministries.net/>

THRIVE (some scholarships available)

Thrive exists to replenish women ministering overseas by providing spiritual resources through Connection, transformative experiences through Retreats & Events, authentic one-on-one relationships through Alongside, and increase Advocates for them as they invest in Kingdom work.

www.thriveministry.org

<http://www.hospitalityhomes.org/hospitality.html>

http://pastorswives.org/resource_directory/pastors_wives_family_retreats

SEXUAL ADDICTIONS (Request a separate Resource Guide for Pornography/Sexual Addiction)

At the Altar of Sexual Idolatry and Workbook by Steve Gallager

Chris Countryman, LCSW (Indianapolis, IN)

Getting Internet Pornography Out of Your Life by Chris Countryman, LCSW

Available at www.directactionbooks.com

Bethesda Workshops – A Place for Healing from Sexual Addiction

3710 Franklin Rd., Nashville, TN 37204 866-464-HEAL

www.bethesdaworkshops.org

Bridge Recovery Program at Link Care Center

kenroyer@linkcare.org

559 439 5920 ext. 122.

Counseling Alliance

Rebecca Miller

5420 North Bend Rd. Suite 201, Cincinnati, OH 45247, (513) 376-9757

<http://www.counselingalliance.com>

Rebecca Miller, LPC-CR is a fully trained and licensed counselor in the State of Ohio. She is a Certified Sex Addiction Therapist (Candidate) and works well with those struggling with sexual addiction, spouses of addicts, or couples affected by addiction. She is a believer.

Healing the Wounds of Sexual Addiction by Mark Laaser

Healing the Wounds of Sexual Addiction Companion Guide for the Spouse by Mark Laaser

Heart to Heart Counseling Center (Colorado Springs, CO)

Doug Weiss Ph.D. ; 3 or 5-day Intensive workshops, Phone counseling, Conferences

www.sexaddict.com

Out of the Shadows by Patrick Carnes

Pine Grove Behavioral Health, Gentle Path (Hattiesburg, MS)

Patrick Carnes, Ph.D. ; Inpatient, Outpatient and Intensive workshop

www.pinegrovetreatment.com

Pure Life Ministries (Dry Ridge, KY)

Offers Live-In Programs as well as At-Home Programs for overcoming sexual sin.

888.PURELIFE

www.purelifeministries.org

Ryan Smith, LISW-S, SAP, LCDC-III (Worthington, OH)
(614) 888-9200 ext 6161

<http://www.directionscounseling.com/counselors/ryan-smith>

Stone Gate Resources (Port Washington, Wisconsin)
Harry Schaumburg, Ph.D.; 6-day Intensive workshops

www.stonegateresources.org

SINGLES

Single Vision

Single Vision is a Member Care renewal retreat that focuses on ministering to the protestant multi-national missions community to enhance spiritual growth, cross-cultural integration skills, emotional health, physical exercise and personal connection with others. Retreats take place once a year in both Asia and Europe.

<http://www.singlevisioninternational.com/>

Shoulder to Shoulder Ministers

Our efforts have focused on empowering, equipping, and encouraging single missionaries and those who serve with them. Shoulder to Shoulder hosts retreats, conferences, consultations and instructional events to better inform and resource Christian workers and leaders.

<http://www.oneanother.com/wordpress1/shoulder-2-shoulder/>

SHORT-TERM RESOURCES

Reentry after Short Term Missionary Service

<http://www.missionarycare.com/ebook.htm#shortterm>

Sorting It Out: Simple Questions for Debriefing Short-termers

http://www.shorttermmissions.com/articles/simple_debriefing_questions

ShortTermMissions.com – Various Articles

<http://www.shorttermmissions.com/articles/>

Reentry Exercises

<http://www.shorttermmissions.com/articles/reentry>

TEAM RESOURCES

Team Development Course (online)

This is a five lesson course put together in 2010. Each session takes about an hour and can be done on one's own or preferably as a team/group, with additional time for interaction and discussion. The course is not intended to be comprehensive yet it does go over many of the main items related to team wellbeing and effectiveness. What characterizes strong teams? What goes wrong with teams? What are the responsibilities of team leaders and members for maintaining the team? How can we use team building tools? In short, the course helps us to look realistically at the challenges, strategies, and skills for "doing teams well."

http://membercareassociates.org/?page_id=1339

TRAINING/COURSES

Center for Intercultural Training (CIT) (North Carolina)

<http://cit-online.org/>

MTI (Colorado)

www.mti.org

Sharpening Your Interpersonal Skills (various locations)

<http://www.itpartners.org/>

TRAIN International (Joplin, MO)

www.traininternational.org

Online Second Language Acquisition (SLA)

Give us three weeks in June or September-October, and our course will make you a better language learner. This course can be taken for four hours of credit or for non-credit. Our goal at ICCT is to equip you with the abilities and strategies shared by good language learners.

<http://www2.wheaton.edu/bgc/ICCT/courses/SLAover.html>

TRANSPORTATION AND HOUSING DURING FURLOUGH

Grace Corporation (North Dakota)

Grace Corporation is a non-profit organization that provides low-cost transportation for Christian missionaries while they are back in the United States.

<http://www.gracecorporation.org/>

Macedonia Call Foundation (Texas)

Restricted states for driving and SBC priority, but they will loan vehicles to missionaries with other organization, if available.

<http://www.mcftx.org/home.html>

MATS

Focused on affordable transportation solutions for those in ministry.

www.mats.org

car@mats.org

888-776-7211

Mission Auto Connection (Ohio)

In 1996 Mission Auto Connection began with the purpose to help missionaries find reliable, affordable, quality vehicles. Automotive sales to the general public followed quickly after. Today the company includes a full service garage to maintain and service vehicles along with automotive accessories, rentals, and body repair.

<http://www.autosinohio.com/>

Missional Living (Knoxville, TN)

We are a hub for Righteous Rides for transportation during furlough. Minimum booking is 3 months at a rate of \$13/day. We also have a car that is available for those staying on the Knoxville area for local travel only. For the housing ministry, we have 7 host homes (hoping to grow to 10 in 2019). These houses are scattered throughout the Knoxville and surrounding areas. The rate for these homes vary depending on size and requested length of stay, but average at \$15/day. Most of our housing requests are 2 months to one year.

<http://www.missionaliving.org/>

Missionary Ministries (Florida)

The primary purpose of Missionary Ministries is to provide short-term, suitable, dependable transportation for missionaries, pastors or Christian workers in time of need.

<http://www.missionaryministries.org/>

Missionary Motors (Trimble, Missouri)

We have a fully operating auto repair facility to maintain the lease vehicles as well as provide no-charge repair services to missionaries. All we ask is that the missionary provide the parts and we will provide the labor.

<http://www.missionarymotors.com/>

Missionary Tech Team (Texas)

Mechanical Services is primarily a ministry to lease vehicles for Missionaries and Christian workers. We also offer Repairs and Services on vehicles owned by like-minded ministries and their workers: \$10 per hour + parts.

http://www.techteam.org/mtt/ms_info.php

Righteous Rides (Moscow Mills, MO)

Righteous Rides provides reliable transportation at a reasonable cost to missionaries on furlough. Through donations of cars, cash, etc., Righteous Rides is able to keep a fleet of late model Chrysler minivans on the road for use by missionaries home on furlough. St. Louis is our primary hub location. Other locations include: Albuquerque, Atlanta, Dallas, Knoxville, Los Angeles, New Orleans, Tampa/Orlando, Philadelphia, and Seattle. Note: Currently over 75% of our vehicles are released from the St. Louis hub. Choosing St. Louis as ONE of your choice locations for the release/return of a vehicle will increase your opportunity to reserve a vehicle for the dates you request.

<http://www.righteousrides.org>

Serving God's Servants (North Carolina)

The Automotive Ministry of Serving God's Servants, Inc. includes the donation of a vehicle, making mechanical repairs, replacement of needed parts, servicing, cleaning, filling with gas and having the vehicle in a condition to potentially be serviceable for one year. The vehicle is given to a person in full-time Christian service or someone preparing to serve.

<http://www.servinggodsservants.org/Automotive.html>

Valley of Baca

4530 KY HWY 1032 E., Cynthiana, Kentucky 41031

www.valleyofbaca.org; 859-234-24663; mail@valleyofbaca.org

Today we are helping our missionaries with one of their most crucial needs: FREE TRANSPORTATION while they are in the States on furlough!

WOMEN'S RESOURCES

Edinburgh Postnatal Depression Scale

Some member care practitioners suggest this assessment be used for any missionary mom during the first 18 months after birth. These two sites provide the assessment and scoring:

<http://perinatology.com/calculators/Edinburgh%20Depression%20Scale.htm>

<https://psychology-tools.com/epds/>

Peter's Wife

www.peterswife.org

Psalm One Ministries

www.PsalmOne.org; Psalm One Ministries provides Ministry Wives' Gatherings in the Chicago and Cincinnati areas. These intimate, low key events center on reconnecting with God, restoring your soul and resourcing. In addition, we offer Days of Refreshing –one day retreats aimed to deepen your walk with Christ. Cost: Donation Contact: Linda Kline 513-339-13426344 Inverness Way Mason OH 45040 Email: gtlinda@earthlink.net

THRIVE

Thrive exists to replenish women ministering overseas by providing spiritual resources through Connection, transformative experiences through Retreats & Events, authentic one-on-one relationships through Alongside, and increase Advocates for them as they invest in Kingdom work.

www.thriveministry.org

Velvet Ashes

An online community of women serving overseas.

www.velvetashes.com

MISC. RESOURCES

Brigada – Resources, trends, and motivation to fulfill the Great Commission

www.brigada.org

Excellent Audio Programs for Missionaries and Their Families

www.TWR360.org

Missionary Care: Resources for Missions and Mental Health

Great website offering brochures, e-books, and databases.

<http://www.missionarycare.com/index.htm> (or www.crossculturalworkers.com for secure fields)

Missionary Care

Numerous brochures, database, and twelve e-books on topics that concern missionaries.

<http://missionarycare.com/>

Mobile Member Care Toolbox (MMCT)

We are pleased to introduce the new Mobile Member Care Toolbox, a unique website designed for those who care for others, especially in cross-cultural settings. It is a catalog of user-friendly resources, many of which were written by former members of the Mobile Member Care Team who now serve with Barnabas International.

<http://www.mmct.org/>

Global Member Care Resources (MemCa)

<http://www.globalmembercare.com/>

ServantCARE

A Christian ministry committed to serving missionaries and those in ministry.

www.servantcare.com

Wycliffe Member Care and Counseling Resources CDs on Various subjects

Counseling_Ministries_USA@wycliffe.org