



5 Ways To Meet Jesus This Advent Season

1

Seek Wonder

Remember the awe you had as a kid? That childlike awe is there for those who have eyes to see.

- Light a candle in a dark room.
- Listen to a child laugh.
- Read a verse and notice a word that sparkles to you.

2

Seek Silence

In a life of service, silence is the margin maker and the “think tank of the soul” according to Gordon Hempton.

Silence allows God’s whispers to be heard.

- Walk, ride, or drive without music or podcasts.
- In the early morning or before bed pause for sixty seconds and notice the quiet.
- Memorize this verse: “For God alone, O my soul, wait in silence, for my hope is from him” (Psalm 62:5, ESV).

3

Seek Traditions

One of the most repeated words in the Bible is “remember.” Traditions anchor us to a larger story.

- If you are in transition, what anchors you to your most recent season?
- If you are alone, what anchors you to others?
- If you are in a steady place, what anchors you in your community?

4

Seek Service

The shepherds tended their sheep, the magi studied the stars, and Mary and Joseph traveled to pay their taxes.

Waiting isn’t only just sitting around doing nothing.

- Plan outreach or teaching opportunities unique to the season.
- Invite a local friend or friends over for a Christmas activity like baking or decorating.
- Serve a teammate this month.

5

Seek Grief

Your capacity for joy is influenced by your capacity to experience loss.

- What have you lost or left behind this year?
- Who or what are you missing from “home” this Advent?
- What “ancient” loss do you feel this year?

In the paradox of waiting for His birth, Jesus meets you in the wonder, silence, traditions, service, and grief of the season.

Because every Christian Cross-Cultural Worker deserves to experience an alive soul and a skill set that enables you to implement God’s Call.

With blessing, GlobalTrellis

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